

# OUTREACH ACTIVITY

## BEAN BAG BLUNDER

Review the directions with student participants:

- We will each stand on one side of the Twister mat.
- I am going to toss you colored bean bags and it is your job to sort them by color on the Twister mat. Sort up the mat by placing one bean bag on each colored dot.
- You can toss the orange bean bags anywhere to the left of the mat and the purple bean bags anywhere to the right of the mat.
- While you are sorting, I am going to ask you some questions.

### WRAP UP

ASK: How was that experience?

What did you notice about your accuracy? Did you make any mistakes? Did it take you longer to complete the task?

Did you know:

- Multitasking is actually a myth. Rather, we switch task. We give more attention to one task at a time, switching between them.
- Attempting to multitask can lead to:
  - 50% more errors.
  - 50% longer to complete tasks
  - 10% drop in IQ
  - 40% drop in productivity

Tie back to reckless and distracted driving. While driving, you are already balancing the tasks or using your foot on the pedals, your hands on the wheel, and your eyes and ears paying attention to your surroundings. Imagine adding in other distractions and how much that will affect your safety!

To be safe drivers, keep your eyes on the road, hands on the wheel, mind on driving, and ears always alert to your surroundings.